



PALLADIO *Hotel & Spa* Resort

Bauer Palladio Hotel & Spa Resort, a former 16th century convent in the Island of Giudecca, offers a sanctuary of 450 sq.m. of peace and tranquillity away from the chaotic alleys of Venice.

RITUALS FOR COUPLES

THE RITUAL OF DREAMS

120 min

The ritual includes a Turkish bath, an intense scalp massage with a mint and aloe balm, a facial treatment, followed by a facial massage. A foot massage with goat milk mousse and a white tranquility bath in a King Size Jacuzzi finish the ritual.

DYNAMIC RITUAL

120 min

Created specifically for the back stress: Turkish bath with black soap for a deep and natural cleansing, stretching of arms and legs, usage of hot pads and towels, massage for cervical and de-contracting back massage, energy balance and Jacuzzi.

HAMMAM RITUAL

120 min

An ancient ritual with atmosphere and scents of distant and exotic places. Natural purification with black soap, followed by exfoliation and the application of detoxifying geraniums fragrance Rasul in the Turkish bath.

This journey ends with oiling with a personalized scent.

“ME & YOU” RASPBERRY WELLNESS TREATMENT

120 min

A steam bath session followed by a fragrant Raspberry peeling with anti-oxidant and softening properties. A milk and roses Jacuzzi bath and to conclude a massage with almond oil and fruit essences. The ritual takes place in the couple's treatment room by the fireplace.

TRANQUILLITY™ SLEEP RITUAL

60 min

An innovative massage acting on 3 different sensorial pathways: olfactive, tactile and hearing, for profound relaxation. It favors intense relaxation, promotes sleep and recovery of the effects of Jet-Lag. Tranquility™ essential oils blend, the exclusive Tranquility™ Sound, exclusive handling, combined with the use of soft brushes, help to achieve a state of balance and peace for both the body and the mind.

INDIVIDUAL RITUALS

SHOULDERS AND BACK

80 min

A detoxifying and relaxing muscular treatment with arnica or thermal mud in the Dr. Vitalis steam bath, followed by a relaxing massage of the back and neck.

OASI TREATMENT

110 min

Body exfoliation, facial treatment, regenerating scalp massage with precious oils for healthy hair. Turkish bath, massage with oils and personalized essences.

VOLCANIC CLAY

60 min

The application of volcanic clay in a Turkish bath, plus a relaxing massage.

DEEP CLEANING WITH SILVER QUARTZITE

80 min

Silver quartzite has been recognized as a curative mineral, due to its high quartz content. A deep cleansing and toning treatment with tamarack and juniper scents to activate the metabolism as well as the body energy centres freed from substances that weigh them down.

PURIFICATION WITH ALGAE AND SEA SALTS

90 min

This ritual entails a profound cleansing of the body and exfoliation of the face and body with sea salts and the application of algae, followed by a Turkish bath and a relaxing massage.

KUSALA WELLNESS WITH SLIMMING MUD

90 min

The treatment features deep body cleansing, skin exfoliation with hazelnut powder, warm oil massage followed by a transparent mud massage, Turkish bath session and it ends with the application of a specific cream.

DETOXICATING SILK TREATMENT

90 min

A masterful and ancient art that makes the skin soft and silky with Ayurvedic powders, oiling with pure sesame oil, peeling with a combination of chick peas, barley, and Centella asiatica. This experience concludes with a micro-molecular steam bath and a massage with a specific cream.

STEAMY DELIGHTS - DR. VITALIS

The Dr. Vitalis combines your treatment with heat and steam that has been dissolved into particularly small molecules. This micro-molecular steam constitutes the ideal support for the elimination of toxins and the penetration of active ingredients.

DETOXIFICATION: Himalayan salt

RELAXATION: orange, lavender, lemon balm, flowers

MOISTURIZING: sweet briar, milk and honey

30 min

THE BATHS

The bath: an elixir for the body and for the skin in the Spa suite, immersed in the Obermaier King Size Jacuzzi, cherished by the lights of the fireplace, relaxing melodies, and warm perfumes.

30 min

MILK AND ROSE BATH

Sensual bath with rose petals, milk, and almond oil. Soothing and draining.

WHITE TRANQUILITY BATH

White bath, serenity, synergy of precious essential. Recommended for deep relaxation.

FRESH LEMON BATH

A detoxicating and energizing bath with Himalayan salt, fresh lemon, harmony of the water with rock crystal.

LAVENDER BATH

A soothing and relaxing bath.

IRIS BATH

A bath that is not only relaxing but that promotes cell regeneration and revitalizing.

DETOX BATH

De-acidifying and detox.

GARDEN TRANQUILITY

The secret gardens of Venice reveal themselves in the heart of the Hotel Palladio in an oasis dedicated to the rediscovery of beauty and harmony. Choose your journey of wellness amidst art and nature.

MASSAGES IN THE GARDEN

MAGNOLIA MASSAGE (RELAX)

50 min

MASSAGES

The Palladio Spa Concept uses herbalized aged oils, pure sesame oil, almond, olive, and jojoba oil.

WELLNESS

ANTI-STRESS (SOFT)

50 min

A soft massage with rhythmic movements combined with gentle pressure for total relaxation.

SPORT & FITNESS RELAXATION

40 min

An intense massage that combines specific techniques: digitopressure and pressure with an energizing and relaxing effect.

“ANGEL” NECK & BACK

50 min

A treatment that focuses on the neck and back. «Angel back» dissolves muscular tensions, relaxing the back. A relaxing massage with cupping therapy for oxygenation, warm towels, energetic equilibrium with Tibetan bells.

MANUAL FACE LIFTING

45 min

Balancing of the shoulder posture via massaging of the muscular fascia of the face, neck, and head.

PLANTAR

40 min

Reflexology, the science and art of well-being. Maintaining your vitality, relaxing, and recharging through the stimulation of specific zones of the foot. An ancient knowledge and practice for modern man.

LYMPHATIC DRAINAGE

60 min

A gentle and relaxing massage performed with light pressure to eliminate the excess liquids and toxins responsible for tired and swollen legs.

FOUR HANDS

50 min

A massage designed to relieve stress and regenerate the body performed by two expert masseurs.

ENERGETIC

WITH SILVER QUARTZITE

80 min

The energy of quartz and other minerals contained therein, enhanced by aromatic essences and primordial chants, make this treatment a unique sensorial experience to grant you profound relaxation.

HERBAL

50 min

An anti-stress massage with little warm sachets of fresh herbs, plants, flowers, and scented oils.

HOT STONES

90 min

A wellness massage with warm lava stones and essential oils for a unique experience toward profound relaxation.

ZEN

90 min

A dynamic massage with pressure points, stretching and harmonization with the sound of Tibetan bells. The result is excellent psycho-physical equilibrium. (dressed, no oil)

WITH TIBETAN BELLS

55 min

The Tibetan bells facilitate awareness and harmony; the subtle sound produces a profound sympathetic effect, reawakening the 'silent' zones of the body and contracted muscles. A holistic experience.

ORIENTAL

SEA MALAY

«For women only»

45 min

Dedicated to feminine energy, with practices of ancient symbology and shamanistic music.

ORIENTAL HEAD MASSAGE

45 min

Oriental massage for the head and neck, enhanced with restructuring oils for the hair and scalp.

THAI

60 min

Energetic and dynamic treatment with no oil and featuring a stretching and pressing technique.

AYURVEDIC

90 min

Ancient Indian massage with oiling of the entire body with warm oil, feature with soft pressure. Purifying treatment to fortify tissues, improve sleep, and eliminate physical and mental fatigue that cause stress.

FACIALS

LUXURY FACIALS

90 min

The treatment starts with a deep cleansing to exfoliate followed by a hyaluronic acid vial, ultrasounds, eyebrow shaping.

A unique formula mask designed to create a protective barrier and stimulating the production of collagen. A facial relaxation massage to complete the experience.

MEN'S FACIAL

60 min

Conceived for dynamic and modern men who wish to improve their own image. The treatment starts with cleansing followed by a massage and it ends with an anti-stress and anti-age mask.

ROYAL ECOBIOLAB DOCTOR B

60 min

Personalized treatment with Alchemy Doctor B products, created following the special kinesiological protocol to erase the signs of aging on your face. Vitality and youth a mission breathing excellence, opening up to the loving experience of the knowledge of touch.

THALASSO TREATMENT FOR EYES

30 min

Moisturising mask and draining massage to refresh and revitalize the contour of the eyes.

EYEBROWS AND LASHES COLORING

25 min

Coloring and shaping.

EYEBROWS SHAPING

20 min

HANDS AND FEET

MANICURE

60 min

Basic Manicure.

NAIL POLISH APPLICATION

30 min

PEDICURE

60 min

Basic pedicure. The price may vary according to the time involved.

LUXURY PEDICURE

90 min

Black soap and a regenerating bath, pedicure, gentle bamboo exfoliation, and massage with Shea Butter.

WAXING

15 min

25 min

50 min

SERVICES ON REQUEST

PERSONAL TRAINER

For private workouts, the Palladio gym is equipped with Technogym machineries, and a Kinesis wall.

60 min

YOGA TRAINER / ANTIGRAVITY YOGA (IN A HAMMOCK)

A professional yoga instructor is available for private lessons.

60 min

OSTEOPATH

Manipulations and specific maneuvers for the prevention, evaluation and treatment of disorders that affect not only the neuro-musculoskeletal system, but also cranio-sacral and visceral

60 min

HAIRDRESSING AND MAKE-UP

The Palladio Spa offers hairdressing services in the privacy of your room.

Day/Evening/Special Events make-up and trials are available.

Please inquire for full details.

PRICES

THE RITUAL OF DREAMS
120 min / € 250,00 per person

DYNAMIC RITUAL
120 min / € 250,00 per person

HAMMAM RITUAL
120 min / € 230,00 per person

“ME & YOU”
120 min / € 230,00 per person

TRANQUILLITY™ SLEEP RITUAL
60 min / € 180,00 per person

SHOULDERS AND BACK
80 min / € 198,00 per person

OASI TREATMENT
110 min / € 250,00 per person

VOLCANIC CLAY
60 min / € 150,00 per person

DEEP CLEANING WITH SILVER QUARTZITE
80 min / € 180,00 per person

PURIFICATION WITH ALGAE AND SEA SALTS
90 min / € 198,00 per person

KUSALA WELLNESS WITH SLIMMING MUD
90 min / € 198,00 per person

DETOXICATING SILK TREATMENT
90 min / € 198,00 per person

STEAMY DELIGHTS - DR.VITALIS
30 min / € 90,00 per person

THE BATHS
30 min / € 90,00 per person
30 min / € 120,00 per two people

MASSAGES IN THE GARDEN
50 min / € 140,00 per person

ANTI-STRESS (SOFT)
50 min / € 120,00 per person

SPORT & FITNESS RELAXATION
40 min / € 150,00 per person

“ANGEL” NECK & BACK
50 min / € 150,00 per person

MANUAL FACE LIFTING
45 min / € 120,00 per person

PLANTAR
40 min / € 95,00 per person

LYMPHATIC DRAINAGE
60 min / € 130,00 per person

FOUR HANDS
50 min / € 200,00 per person

WITH SILVER QUARTZITE
80 min / € 180,00 per person

HERBAL
50 min / € 150,00 per person

HOT STONES
90 min / € 200,00 per person

ZEN
90 min / € 200,00 per person

WITH TIBETAN BELLS
55 min / € 140,00 per person

SEA MALAY
«For women only»
45 min / € 130,00 per person

ORIENTAL HEAD MASSAGE
45 min / € 100,00 per person

THAI
60 min / € 170,00 per person

AYURVEDIC
90 min / € 200,00 per person

LUXURY FACIALS
90 min / € 230,00 per person

MEN'S FACIAL
60 min / € 160,00 per person

ROYAL ECOBIOLAB DOCTOR B
60 min / € 160,00 per person

THALASSO TREATMENT FOR EYES
30 min / € 55,00 per person

EYEBROWS AND LASHES COLORING
25 min / € 40,00 per person

EYEBROWS SHAPING
20 min / € 25,00 per person

MANICURE
60 min / € 60,00 per person

NAIL POLISH APPLICATION
30 min / € 15,00 per person

PEDICURE
60 min / € 90,00 per person

LUXURY PEDICURE
90 min / € 120,00 per person

WAXING
15 min / € 28,00 per person
25 min / € 45,00 per person
50 min / € 60,00 per person

PERSONAL TRAINER
60 min / € 90,00 per person

YOGA TRAINER
60 min / € 120,00 per person

OSTEOPATH
60 min / Cost based on treatment

SPA INFORMATION

RESERVATIONS

To book an appointment please dial 3807 from your room, our staff at the front desk of Palladio Hotel & Spa Resort will be happy to assist you, alternatively you can also call our Spa at the extension 3867.

Reservations can be made telephonically, electronically or personally at the Spa reception; our knowledgeable staff is always keen to offer guidance to ensure the correct treatment choice. You are welcome to arrive directly from your room dressed in the robe and slippers provided, however all the facilities and amenities required will be provided in the Spa changing room as well.

In order to guarantee that the time and the service desired are available, we recommend booking in advance, all bookings must be confirmed and guaranteed with a credit card.

ARRIVAL TIME

You are kindly requested to arrive 15 minutes before your appointment to optimize the enjoyment of the experience.

Any delay will be deducted from the total length of the treatment.

WHERE TO FIND US

The spa is located on Giudecca island and it can be easily reached using the complimentary shuttle boat directly from Bauer Il Palazzo to Palladio Hotel & Spa Resort.

From the railway station or Piazzale Roma, take waterbus No. 41 or the No. 2 to the Zitelle stop.

TIMINGS

The Spa is open every day from 11 am to 8 pm.

CANCELLATION POLICY

We kindly ask you, in case you need to reschedule or cancel your treatment, to contact us at least 6 hours prior to the original starting time, in order to avoid a late cancellation charge of 100%. In case of No Show, the full price of the treatment will be charged. Late arrivals will shorten original treatment times.

VALUABLES

We strongly recommend that valuables are secured in your safe provided as we do not accept any responsibility for lost or misplaced items.

SPA ETIQUETTE

Palladio Hotel & Spa Resort is an oasis of peace and relaxation and you are kindly asked to respect the privacy and tranquility of all our guests.

During your stay in the Spa, smoking is not allowed and we request your mobile phone to be set on 'silent' mode to guarantee total tranquillity.

HEALTH CONDITIONS & PREGNANCY

Before the treatment, you will be asked to fill in a form with your personal information informing our Spa staff about your health conditions. This information will be processed in conformity with Italian data-protection law. If you are pregnant, please inform our SPA staff so that they can help you choose the appropriate treatments.

MINOR'S POLICY

Minors between 12 and 16 years are welcome but must be accompanied by an adult at all times.

PAYMENTS

We accept all major credit cards. All prices are quoted in Euro, include Vat and are subject to change without prior notice.

HELPFUL HINTS

Enjoy a warm shower or a cup of tea beforehand to prepare both mind and body for your Spa experience. During the treatment, feel free to communicate your preferences, expectations and concerns to your therapist to ensure total comfort during the session.

Please note all services are subject to availability.

EXCLUSIVE TURKISH BATH-SAUNA

Euro 50,00 per person for 2 hours (private facilities for maximum 2/3 person at the time).



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